



DEBUNKING MYTHS ABOUT CYBERBULLYING

MYTHS ❌

"It's okay if it's just a joke"



"It's okay if everyone else
is doing it"



"It's not my problem"



FACTS ✅

If it makes someone feel bad
it's not a joke – it's just hurtful



Following the crowd isn't an
excuse to be mean



If you saw it, you can report
it, tell an adult, or check in
with the person



McGill

POWERED BY

